



See Me Rise



Choreographed by Magali CHABRET - October, 2021 - www.galichabret.com

Description : Improver line dance - 32 counts - 4 wall

Music : **Rise, by Calum Scott** - [Single : Rise, October 2021]

8 counts intro, start on the word "**staring**" (I've been staring at the coastline)

S1 : 1/8 R, STEP L, KICK R, BACK R, 1/8 L, TOGETHER, 1/8 L, STEP R, HITCH L, 1/8 R, COASTER STEP

- 1-2 Turn 1/8 right (facing 1:30) and step Lf forward – Kick Rf forward (1:30)
3-4 Step Rf back – turn 1/8 left (facing 12:00) stepping Lf beside Rf (12:00)
5-6 Turn 1/8 left (facing 10:30) stepping Rf forward – Hitch left knee (10:30)
7&8 Step back on ball of Lf - Turn 1/8 right (facing 12:00) and close Rf next to Lf – step Lf forward (12:00)

S2 : FWD TRIPLE STEP, PIVOT ½ R, FWD TRIPLE STEP, PIVOT ¼ L

- 1&2 Step Rf forward – step Lf beside Rf – step Rf forward
3-4 Step Lf forward – pivot 1/2 turn right (6:00)
5&6 Step Lf forward – step Rf beside Lf – step Lf forward
7-8 Step Rf forward – pivot 1/4 turn left (3:00)

S3 : FWD ROCK, BACK, HEEL TOUCH, HOLD, TOGETHER, FWD ROCK, OUT OUT, HOLD

- 1-2 Rock Rf forward – recover onto Lf
&3-4 Step back on Rf – touch left heel forward – hold
&5-6 Step Lf beside Rf – rock Rf forward – recover onto Lf
&7-8 Step Rf out to right side – step Lf out to left side – hold

S4 : CROSS SHUFFLE, BACK, SIDE, CROSS, SIDE STEP WITH SWAYS R/L/R

- 1&2 Cross Rf over Lf – step Lf to side – cross Rf over Lf
3-4-5 Step back on Lf – step Rf to right side – cross Lf over Rf
6-7-8 Step Rf to right side and sway to right – sway to left – sway to right

No tag, no restart !

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.