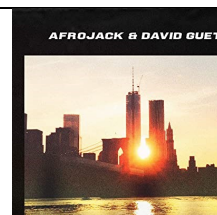




# Hero



Choreographed by Sébastien Bonnier & Magali Chabret - June, 2021 - [www.galichabret.com](http://www.galichabret.com)

Description : Improver line dance - 32 counts - 4 wall

Music : **Hero, by Afrojack & David Guetta** - [CD : Single, April 30<sup>th</sup> 2021]

16 counts intro

## S1 : SIDE, TAP, SIDE, TAP, SUGAR FOOT ¼ TURN L, R TRIPLE STEP FWD

1-2 Step Rf to right side – touch left toes behind Rf

3-4 Step Lf to left side – touch right toes behind Lf

**1-2 : arms in the air and palms facing the sky (1) – hands down at thigh height (2). 3-4 : repeat 1-2**

5-6 Step ball of Rf to side swiveling both heels to left - turn 1/4 left swiveling heels to right & taking weight on Lf (9:00)

7&8 Step Rf forward – step Lf beside Rf – step Rf forward

## S2 : STEP, HITCH, ¼ R STEP SIDE, POINT SIDE, ¼ L STEP FWD, ¼ L STEP SIDE, BEHIND SIDE CROSS

1-2 Step Lf forward – hitch right knee

3-4 Turn 1/4 right stepping Rf to right side – point Lf to left side (12:00) looking to the right

**3-4 : right arm out straight is doing a full circle from front to back (clockwise), right hand stops at the bottom, near R thigh**

5-6 Turn 1/4 left stepping Lf forward (9:00) – turn 1/4 left stepping Rf to right side (6:00)

7&8 Step Lf behind Rf – step Rf to side – cross Lf over Rf

## S3 : SIDE, L SAILOR STEP, R SAILOR ¼ TURN R, JAZZ TRIANGLE

1 Step Rf to side

2&3 Step ball of Lf behind Rf – step ball of Rf to side – step Lf to side

4&5 Step ball of Rf behind Lf – turn 1/4 right stepping Lf beside Rf – step Rf forward (9:00)

6-7-8 Cross Lf over Rf – step back on Rf – step Lf to side

## S4 : R & L CROSS SAMBA, 3 WALKS ½ CIRCLE L, JUMP FWD with FLICK

1&2 Cross Rf over Lf – rock Lf to side – recover onto Rf

3&4 Cross Lf over Rf – rock Rf to side – recover onto Lf

5-6-7 Walk 3 steps in a half circle to the left stepping R, L, R (3:00)

8 Small jump stepping Lf forward & flick right heel backward

No tag, no restart!

« Croquez la vie à pleines danses ! » Magali Chabret - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr)

Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.