

F' Heel Good

Choreographed by **Magali CHABRET** (France) / August, 2007 - www.galichabret.com

Description: Beginner line dance (WCS) - 32 counts - 2 wall

<http://www.youtube.com/watch?v=qgq5aPHlc8s>

Music : **Good Directions** by **Billy CURRINGTON** [CD:Doin' Somethin' Right, 2005] 123 BPM

A Hard Secret To Keep by **Mark CHESNUTT** [CD : Savin' the Honky Tonk, 2004] 127 BPM

1-8 RIGHT VINE, HEEL TOUCH & CLAP, STEP SIDE, HEEL TOUCH & CLAP, LEFT & RIGHT

- 1-2-3 Step Right to right side - cross Left behind right - step Right to right side
- 4 Touch Left heel beside right with **clap**
- 5-6 Step Left to left side - touch Right heel beside left with **clap**
- 7-8 Step Right to right side - touch Left heel beside right with **clap**

9-16 LEFT VINE ¼ TURN LEFT, SCUFF, FORWARD STEP DIAG, HEEL TOUCH, BACK STEP DIAG, HEEL TOUCH

- 1-2-3 Step Left to left side - cross Right behind left - 1/4 turn left stepping forward on Left (9:00)
- 4 Scuff with Right heel
- 5-6 Step Right diagonally forward right - touch Left heel beside right
- 7-8 Step Left diagonally back left - touch Right heel beside left

17-24 RIGHT HEEL STRUT, ¼ TURN LEFT, LEFT HEEL STRUT, KICK TWICE, STEPS BACK

- 1-2 Touch Right heel forward - step down on right
- 3-4 1/4 turn left and touch Left heel forward - step down on left (6:00)
- 5-6 Kick Right forward - kick Right forward
- 7-8 Step back on ball of Right - step ball of Left beside right

25-32 JAZZ BOX, RIGHT HEEL TOUCH, UP TOE FANS

- 1-4 Cross Right over left - step back on Left - step Right to right side - step Left beside right
- 5 Touch Right heel forward with right toe up to the left "IN"
- 6-7 Swivel point of Right to the right - swivel point of Right to the left
- 8 Swivel point of Right to the right

Note : counts 5-8, right toe is up

REPEAT

Original card of the choreographer - galicountry76@yahoo.fr